

Zoom Number: 861-1901-7293

Password: serenity

Sonoma County Overeaters Anonymous Intergroup

Meeting Minutes

June 24, 2024

Chair-vacant; Vice Chair-Fionn Fionn.Robertson@outlook; Secretary-Martha S. mskiles39@gmail.com;
Treasurer-Sherrill D. sedunning@aol.com; WSO-Lynda W. LyndaSaltaresWheeler@gmail.com; R2
Representative-Lynn H. heyheylynn@hotmail.com; Web Liaison-Amanda H.
amanda.howell@roberthalf.com; PIC-vacant

Present: Sherrill D., Lynda W., Amanda H., Arline T., Lynn H., Cathy A., Erica T., Fionn R., Martha S.

The meeting opened at 7:00 p.m. with fill-in Chair, Sherrill D. presiding with the serenity prayer, other regular readings, and introductions.

Reports:

Secretary Report: The minutes were read and approved as written. M/S-Sherrill/Arline YEAS 9, NOES 0, ABSTENTIONS-0

Treasurer Report: Report attached. Sherrill has had to track a check issued to WSO 2 years ago that was cashed and should not have been. After much deliberation and contacting the bank here and in New Mexico, it was made known that a new check two years ago had been written to replace the lost one. After the meeting, it has been determined that on July 5th all monies will be returned to our checking account. All accounts will reflect the return of those monies. There are no fees attached to our account due to the bank error.

WSO Report: An appeal letter from WSO for contributions under the 7th Tradition was presented. Any person or group who wishes to send a contribution, email WSO directly at WSO.org or by mail to WSO PO Box 44727 Rio Grande, N.M. 87174-4727. Be sure to include your group service body number and the amount being included in U.S. dollars. Notes from the meeting: There were 188 delegates that attended the conference in New Mexico, 49 of whom were new. 20 countries were represented with 14 languages being spoken. Data found that there are more than 55,000 OA members, 6,273 meetings from 79 countries dealing with more than 17 languages. Next year the conference will be virtual. There is a new OA Handbook being offered to members, groups, and service bodies. One policy was voted down: consideration to change Him to God in all literature. It will remain the same.

R2 Report: Region 2 is hosting a convention in Sacramento on July 12-14. Registration online can be done at oar2.org. One committee is handing out buttons with "12" printed on it. The 12 stands for the 12th Step of our program. There is an upcoming speaker workshop scheduled for September or October.

Web Liaison Report: Amanda H. is now our new Web Liaison representative. Welcome and thank you Amanda. She will be working with Mary Higgins to bring the meetings listings up to date among other jobs. Note: Mary Higgins also works with the Web Liaison representative in Marin and their IG.

PIC: vacant, no report

Group Representatives: Cathy A. wanted to alert us of contact changes and wanted to know who handled such changes. Amanda H. will be handling them in the future.

Old Business:

- 2 vacant positions are still open: Chair and PIC
- Possible combining of Sonoma IG with Marin IG. The advantages are that both intergroups could be compliant with the state of California as a non-profit and that there would be a larger membership to chair and staff officers, and do service. The discussion is ongoing. Sonoma and Marin have a working history of combining events and workshops. There are no committees currently active in one intergroup (Retreat, Newsletter, PIC, Events, Marathons or Workshops as per our bylaws). An ad hoc committee has formed with two from each intergroup to explore this possibility of joining together and it will bring recommendations to the intergroups to be explained and discussed throughout our IGs to bring back to the groups for discussion, feedback, and questions. The actual paperwork and structuring process with the Feds and State has been simplified as one of the officers of Marin IG professionally sets up non-profits and will be a resource if needed. Please note: a group may choose not to join the combining offered with Marin and they would become an unaffiliated group and not be included in the final decisions.

New Business:

- Amanda H. is now our new Web Liaison.
- Volunteer to Chair July meeting: Sherrill D.

OA Announcements: none

Shout-outs:

- There are 2 positions still open: Chair and PIC. Join us.

- Welcome to Amanda H. who is our new Web Liaison Representative. Welcome and thank you.
- WSO sent an appeal letter. They are a strengthening and worldwide group who continues to need our 7th Tradition support. Please consider a direct contribution by gifting online at WSO.org or use the mail and send it to OA WSO PO Box 44727 Rio Grande, N.M. 87174-4727. Be sure to include your Group Service Body number and the amount being included in U.S. dollars. Notes from the convention: there were 188 delegates present from 20 countries with 14 languages being spoken; a new OA Handbook has been approved for general membership, groups, and service bodies; and a change of the word Him to God in all literature was voted down. Next year's convention will be virtual.
- R2 is holding its annual convention in Sacramento on July 12-14. You can register online at oar2.org. One service group is handing out buttons with "12" on them that represents the 12 Steps of our program. An upcoming speaker workshop is being scheduled for September or October.
- Further discussion about combining Sonoma and Marin OA Intergroups continues. Each group in Sonoma is being asked to consider it as we are not in compliance with being able to declare ourselves a non-profit. We do not have a Chair and no activities have been planned or offered to our membership for the past six months. Combining with Marin IG offers us a chance to continue as a non-profit. Please discuss with your group to gather their opinion and get that conclusion back to IG. If an individual group does not want to be part of the merger, they can opt to be an unaffiliated group. No decisions have been made at this point. All groups will be notified of any decisions made in the future. Note: we were 9 members strong tonight and without a Chair. That is part of the pull to join Marin's IG and become part of a larger group to get opportunities for activities.
- Marin IG is inviting us to their next IG meeting in July. Saturday, July 20th at 8:30 a.m. on Zoom. Google Zoom. Meeting ID is 342-376-608 password is 883177. Dial in by phone (619)900-6833 and use the meeting ID and password listed above.

After reciting the closing creed, the meeting adjourned at 8:01 p.m.