



SAVE THE DATE!!! May 31- June 2, 2019

The annual Sonoma County Overeaters Anonymous Retreat will be May 31-June 2, 2019 at The Santa Sabina Center on the campus of Dominican University in San Rafael, California. Registration forms will be available on the Sonoma County OA site by late January.

Santa Sabina has private and double bedrooms with communal but private showers and bathrooms. All linens and towels are provided. The retreat weekend will include 6 meals prepared on site by the facilities' food service. The food is healthy, fresh, and local with options for vegetarian, vegan, or gluten free. Six meals will be provided, starting with dinner on Friday through lunch on Sunday. Tea, coffee, and water available throughout the day. Wheel chair accessible with ramps and an elevator.

The center has a large conference room, a library, a chapel, and many other small sitting areas and alcoves for small group conversations or solitary meditation. The well kept grounds provide opportunities to walk or sit outside and enjoy the beautiful flowers (www.Santasabinacenter.org)

Information about the speaker, topic, and registration will be available in January at [<oasonoma.org>](mailto:oasonoma.org)
Mark your calendars and plan on joining us!!



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